

PEACE, INC. - FSD		SENIOR NUTRITION			OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	
Meatball Sub on WW Sub Roll Roasted Broccoli Florets Diced Mango	BBQ Grilled Chicken Breast Baked Beans Capri Blend Vegetable Mandarin Oranges	Julienne Salad with Ham, Turkey, Cheese, Egg Crusty Italian Bread Pear	Chicken Ala King over Biscuit Steamed Asparagus Pineapple	Salt City Fried Chicken Baked Potato Salad Country Blend Vegetables Mandarin Oranges	
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
Glazed Ham Gold Potatoes with onions Blended Vegetables Cantaloupe	Beef and Bean Taco Salad topped with Sour Cream and Tortilla Chips Pineapple Tidbits	Grilled Marinated Chicken Breast Sandwich Spring Vegetable Soup Fruit and Yogurt Parfait	Meat Lasagna Salad w/ Poppy Seed dressing Cantaeloupe Crusty Italian Bread	BBQ Pulled Pork Sandwich Macaroni Salad Confetti Coleslaw Orange Jello w/ whip topping	
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	
Grilled Chicken and Field Green Salad Minestrone Soup Rainbow Sherbet	Ham on WW Kaiser w/ Spinach & Pineapple Mayo Greek veggie pasta salad fresh Orange	NO PEACE LUNCH	Pesto Chicken Bow Tie Pasta Field Greens Salad Peach Cobbler	Shaved Corned Beef Sandwich on Rye & 1000 Island dressing Marinated Beets Fresh Orange	
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	
Sliced Roast Beef & Cheddar on WW Kaiser Tomato Cucumber Tortellini Salad and an Apple	Homestyle Meatloaf Scalloped Potatoes Capri Blend Vegetable Manadrin Oranges	Glazed Chicken Quarter Creamer Potatoes Summer Squash Strawberry Ice Cream	Polynesian Pork w/ Seasoned Brown Rice Peas w/ sauteed Mushrooms Fresh baked cookie	Roast Lemon Pepper Chicken Mashed Sweet Potatoes Brussels Sprouts Spice Cake w Walnut Frosting	
<b>29</b>	<b>30</b>				
Gianelli Sweet Italian Sausage Peppers & Onions on a roll Blended Vegetables Mandarin Oranges	Breaded Chicken Filet on WW bun with Potato Salad Mixed Vegetables Fresh Melon				

**RESERVATIONS MUST BE MADE 1 BUSINESS DAY IN ADVANCE BY 12 NOON**

**All Meals include: Coffee, Tea, Milk  
Bread, and Margarine**

**Menus meet 1/3 of RDA  
Menu is Subject to Change**

**Guest Meal  
\$7.00**

**Suggested Contribution:  
\$3.50 (age 60+ or spouse)**

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