

# September

# 2024

PEACE, INC. - FSD		SENIOR NUTRITION			OFFICE FOR AGING & YOUTH	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
2	3	4	5	6		
<b>AGENCY CLOSED</b> <b>LABOR DAY</b>	Sweedish Style Meatballs over Egg Noodles Green Beans, Applesauce Whole Wheat Bread	Apricot Glazed Pork Mashed Sweet Potatoes Roasted Brussel Sprouts Peach Cobbler, WW Bread	Chicken Alfredo over Bowtie Pasta Steamed Broccoli Apple & Italian Bread	Breaded Haddock on WW Bun, Coleslaw Baked Potato w/ Sour Cream Brownie		
9	10	11	12	13		
Hoffman Hot Dog w/ Wheat Bun Seasoned Potato Wedges Peas & Pearl Onions Pound Cake	Herb Roasted Chicken Maccaroni & Cheese Vegetable Tian, Dinner Roll Oatmeal Raisin Cookie	Tuna Salad w/ Chopped Egg Salad on Kaiser Cream of Cheddar Potato Fig Newton	Beef Pot Roast w/ Gravy Roasted Root Veg Mashed Potatoes, Peaches Dinner Roll	Chicken Cacciatore over Penne Pasta Broccoli, Italian Bread Jello w/ Whip		
16	17	18	19	20		
Sloppy Joe on Kaiser Roll Butter & Herb Baby Potatoes Buttery Carrots Honey Dew	Smothered Seared Pork Creole Red Rice & Beans Roasted Corn Mango	Sweet & Sour chicken over Sesame Rice Oriental Blend Vegetables Fortune Cookie	Grilled Chicken Chopped Salad w/ Apples, Pecans, Cranberries & Feta, Poppy Seed Dressing Orange and Roll	Beef French Dip on Roll Potatoes O'Brien Green Beans Banana		
23	24	25	26	27		
Syracuse Chicken Riggies Meatless Ufca Greens Apricots Dinner Roll	Grape & Walnut Chicken Salad on Croissant Tomato Forentine Soup Tapioca Pudding	Kielbasa Braised Red Cabbage Boiled Baby Potatoes Apple	Old Fashioned Meatloaf w/ Mushroom Gravy Smashed Potatoes Roast Cauliflower & PB Cookie	<b>AGENCY</b> <b>CLOSED</b>		
30						
Spinach & Chicken Pizza w/ Garlic White Sauce Ceasar Salad Mandarin Oranges						

All Meals include: Coffee, Tea, Milk  
Bread, and Margarine  
**RESERVATIONS MUST BE**

**MADE 1 BUSINESS DAY**

Menus meet 1/3 of RDA  
Menu is Subject to Change  
**IN ADVANCE BY**

**12 NOON**

Guest Meal  
**\$7.00**

Suggested Contribution:  
**\$3.50 (age 60+ or spouse)**