

September

2026

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31-Aug	1	2	*****3*****	*****4*****
SIGN UP & PAY DEADLINE TODAY BY NOON FOR THURS & FRIDAY LUNCHES	Breaded Haddock on WW Bun, Coleslaw Potatoes O'Brien, Brownie	Homemade Stuffed Peppers w/ red sauce, Melon Salad Garlic Bread, Fig Newton	PEACE CLOSED IN HOUSE PIZZA LUNCH SIGN UP & PAY BY NOON 8/31	PEACE CLOSED IN HOUSE DELI LUNCH SIGN UP & PAY BY NOON 8/31
7	8	9	10	11
LABOR DAY PEACE CLOSED AND SENIOR CENTER IS CLOSED	Chicken Alfredo over Bowtie Pasta Steamed Asparagus Applesauce, Italian Bread	Chicken Divan Casserole (chicken,broccoli,cheese, bread crumbs) White Rice Tossed Salad, Strawberries	Sloppy Joe on Kaiser Roll Butter & Herb Baby Potatoes Honey Carrots Honey Dew	Grilled Chicken Chopped Salad topped w/ apples, pecans,cran- berries & Feta, Poppy Seed Dressing Orange, Oatmeal Raisin Cookie
14	Nat'l 15 Linguini Day	16	17	Nat'l Cheese 18 Burger Day
Herb Roasted Chicken Macaroni & Cheese Italian Blend Vegetables Cantaloupe	Clams Casino Linguini Winter Blend Vegetables Fresh Baked Bread Tropical Fruit Cocktail	Beef & Broccoli over Sesame Rice Oriental Blend Vegetables Fortune Cookie	Chicken Taco Casserole Mexico Salad (Romaine,cukes, tomatoes, corn w/ Honey-Lime Vinaigrette, Lemon Bar	Cheese Burger w/ Lettuce, Tomato On Wheat Bun, Chick Pea Salad, Garlic Parm Steak Fries, Vanilla Ice Cream
21	22	23	24	25
Cream Cheddar Potato Soup Chopped Chicken Ceasar Salad w/ Coutons, Parm & Dressing Coffee Cake	Swedish Style Meatballs over Butter Egg Noodles Green Beans, Banana WW Bread	Mashed Potato Topped Chicken Pot Pie, Buttermilk Biscuit, Ice Cream Cup National Pot Pie Day	Maple Glazed Pork Chop Whipped Cinnamon Sweet Potatoes, Roasted Brussel Sprouts, Apricot	Salisbury Steak w/ Beef Gravy Mac & Cheese w/ Stewed Tomatoes, Peas & Carrots Blueberry Pie
28	29	30		
Meatball Sub on WW w/ Mozzarella Roasted Broccoli Florets Fruit Cocktail	Chicken Riggies Spinach Salad w/ w/ mushrooms & HB Egg Peaches, Italian Bread	Hearty Beef Stew Skin-on Mashed Potatoes Crusty Italian Bread Applesauce		

All soups served with
Oyster or Club Crackers

All Meals include: Coffee, Tea,
Bread, and Margarine

RESERVATIONS MUST BE

Menus meet 1/3 of RDA

Menu is Subject to Change

MADE 1 BUSINESS DAY

Guest Meal

\$7.00

IN ADVANCE BY

Suggested Contribution:

\$3.50 (age 60+ or spouse)

12 NOON

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