

February

2025

PEACE, INC. - FSD	SENIOR NUTRITION			OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TAKE OUT	MEALS ARE	NO LONGER	AVAILABLE	
3	4	5	6	7
New England Clam Chowder Roasted Asparagus Oyster Crackers Orange	Bacon Cheddar Burger w/ Lettuce, Tomato on WW Bun, Marinated Beets Ranch Kettle Chips, Banana	Chicken Riggies Sauteed Greens Diced Peaches Dinner Roll	Tuscan Bean & Vegetable Soup w/ Croutons Corned Beef Sandwich Diced Cantaloupe	Breaded Haddock on WW Bun, Coleslaw Potatoes O'Brien Brownie
10	11	12	13	14
Apricot Glazed Pork Red Skin Mashed Potatoes Roasted Brussel Sprouts Fig Newton	Philly Cheese Steak Sandwich, Peppers & Onions Sweet Potatoes, Cauliflower Oatmeal Raisin Cookie	Bacon & Tomato Chicken Salad on Croissant Hearty Minestrone Soup Applesauce	Clams Casino Linguine Winter Blend Vegetables Fresh Baked Bread Banana	Roasted Turkey Dinner w/ Gravy, Stuffing Honey Glazed Baby Carrots Mandarin Oranges, Roll
17	18	19	20	21
CENTER IS CLOSED PRESIDENT'S DAY	Chicken Cordon Bleu on WW w/Ham & Swiss Honey Mustard Mayo Vegetables & Orange	Sheperd's Pie (Beef w/ 4-way vegetable & whipped Potato Topping) Diced Pears	Sweet & Sour Shredded Pork over Sesame Rice Oriental Blend Vegetables Fortune Cookie	Meatloaf w/ Mushroom Gravy Green Beans Mashed Potatoes Grapes, Roll w/ Margarine
24	25	26	27	28
Chicken Tenders Macaroni & Cheese Stewed Tomatoes, Broccoli Banana	Tuna Salad w/ Chopped Egg Salad on Kaiser w/ lettuce Broccoli & Cheddar Soup Fruit Cocktail	Lasagna Rolls w/ Red Sauce Gianelli Sausage Links Mediterranean Vegetables Mandarin Oranges	Beef Pot Roast w/ Gravy Roasted Root Vegetables Mashed Potatoes, Mango Dinner Roll w/ Margarine	Chicken Alfredo Served over Bowtie Pasta Broccoli Florets Apple, Italian Bread

All Meals include: Coffee, Tea, Milk
Bread, and Margarine

RESERVATIONS MUST BE

MADE 1 BUSINESS DAY

Menus meet 1/3 of RDA
Menu is Subject to Change
IN ADVANCE BY

Guest Meal
\$7.00
12 NOON

Suggested Contribution:
\$3.50 (age 60+ or spouse)

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