



THE SENIOR ADVENTURER

CAMILLUS SENIOR CENTER NEWSLETTER

27 First Street, Camillus, NY 13031 (315) 672-5820
PROGRAMS FOR SENIORS AGE 55+

Open Mon – Fri 9 am – 3:30 pm

Teresa Roth, Senior Coordinator
Mary Sacco, Assistant

November/December 2025
troth@townofcamillus.com



Our newsletter is online at www.CamillusRecreation.com & www.townofcamillus.com

VETERANS RECOGNITION & LUNCH

Join us as we recognize the men and women who selflessly served our country. We will have a short presentation by Ricky Mills & Angel Cortez, two US Army Parrot Trooper Rangers.

Lunch menu features: Scalloped Potatoes & Ham and Roasted Squash

Friday, November 7

11:30 a.m. – 1:00 p.m.

\$3.50 suggested donation for seniors 60+ / \$7.00 for guests under 60

Complimentary lunch for our veterans. Reservations required. Call (315) 672-5820 to register or sign the book at front desk.



THANKSGIVING LUNCHEON

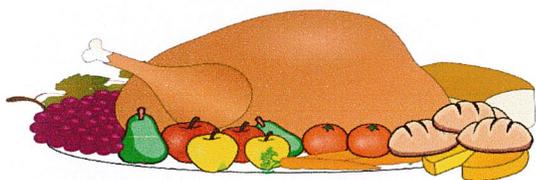
Join us as we give thanks for the many blessings in our lives. Lunch will include turkey, stuffing, mashed potatoes, green beans, and pumpkin pie. Entertainment by Geoff Clough (singer & keyboard player) will be provided after our delicious meal.

Friday, November 21st, 11:30am- 2:00pm

\$3.50 suggested donation for seniors 60+

\$7.00 for guests under 60

Reservations required. Call 315-672-5820 to register or sign front desk book. **Space is limited** to 75, so register early.



HOLIDAY PARTY

Friday, December 12th, 11:30am – 2:00pm

Come celebrate the holidays surrounded by friends.

Enjoy a delicious lunch (featuring meatloaf) followed by a

Holiday show by entertainer, Lori Ann Wilber

\$3.50 suggested donation for seniors 60+ / \$7.00 for guests under 60

Reservations required. Call (315)672-5820 to register or sign the book.

Space is limited to 75, so register early

ATTENTION BAKERS: We are looking for Christmas cookies, Please donate if you can and let Teresa or Mary know.



FITNESS CLASSES

CHAIR YOGA

Improve your balance, posture, strength, stamina, flexibility – even your breathing! Tone your body, improve your breathing, and calm & clear your mind.

Monday mornings 9:30 – 10:30 a.m.

CY6: ends October 27

CY7: November 3 – December 8

6 weeks / \$20 per person

CY8: December 15 -December 29

3 weeks / \$10 per person

Note: there will be no classes in January – will resume February 2nd

Students should bring a yoga mat to secure their chair.



STRETCH, STRENGTHEN & BALANCE

Exercises for all ability levels & done either in a seated position or standing with a sturdy chair.

Please bring stretch band and/or hand weights.

Tuesday and Thursday mornings 9:30 a.m. – 10:30 a.m.

SSB7: October 28 – December 11 (no class 11/4 & 11/11)

SSB1: December 30 – February 5 (no class on 1/1)

\$20 per 6-week session - Missed classes will not be made up



POWER HOUR

An energetic fitness class that consists of 30 minute warm up and aerobic dance followed by a half hour of strength and flexibility training.

Please bring stretch band and/or hand weights.

Wednesday and Friday mornings 9:30 a.m. – 10:30 a.m.

PH7: October 29 – December 17 (no class 11/21, 11/28, 12/12)

PH1: December 31 – February 4

\$20 per 6-week session Missed classes will not be made up



CARDIO DRUMMING

Cardio drumming is a popular fitness activity that combines music and drumming to stay fit and have fun. Using a stability ball in a bucket and drumsticks you will enjoy beating, dancing and laughing with a combination of easy to follow steps while drumming to the beat of the music. All equipment will be provided. Wear comfortable clothing and footwear and bring a water bottle. Drumming can be done either standing or in a seated position.

Tuesday mornings 11:00 a.m. – 11:45 a.m.

CD 8: October 28 – December 16 (no classes 11/4 & 11/11)

CD 1: January 6 – February 10

\$25 per session (min of 8 to hold class)



CARDS & GAMES

PITCH & SPADES

Looking for something fun to do in the afternoon? Stop by the center for an exciting time playing pitch or spades.



Tuesday afternoons at 12:45 p.m.

All are welcome

BRIDGE

If you are interested in playing Bridge at the center on Thursday afternoons, please call the office at (315) 672-5820.



Substitutes are needed.

MEXICAN TRAIN DOMINOES

Join us for a fun afternoon playing the dominoes game of Mexican Train.

Tuesdays, 12:45 – 3:00 p.m.

Come early and have lunch!
(Call in advance to order)



Wii BOWLING

Join us for a fun morning of bowling! We will play at the Senior Center and use the Wii Interactive game system on TV.

No experience needed

Fridays, 11:00 a.m. – 12 noon

FREE – to be held in upstairs classroom

CORNHOLE

Friday afternoons 1:00 p.m. (except on party days or when center closes early)

FREE – this is a fun and exciting game to play for seniors of all ages & ability levels. No experience needed & all equipment provided.



MAH JONGG

Friday mornings

9:30 a.m. – 12 noon

All players welcome.

Newcomers are encouraged.



BUNKO

Join us for this fun dice game. Great chance to get out, meet friends and socialize. All supplies provided. PRIZES!

2nd & 4th Mondays of month (usually)

November 10 & 24

December 8 & 22

1:00 p.m. – 3:00 p.m.



\$2.00 per person (CASH)

Call (315) 672-5820 to sign up

Sign-up for lunch and enjoy a delicious meal beforehand.

SUPER BINGO

Join us for an exciting afternoon playing Bingo! Prizes will be awarded.

1st Monday of each month (except for holidays)

Monday, November 3rd

Monday, December 1st

1:00 p.m. – 3:00 p.m.

\$1 per board – we provide boards and the bingo chips
Raffle tickets also available



TRIVIA DAY

Teams or tables will compete against each other to answer a variety of trivia questions.

Wednesday, November 19

Wednesday, December 17

12:30 p.m. – 1:30 p.m.

No charge

Sign-up for lunch and enjoy a delicious meal beforehand.



HAND & FOOT CARD GAME

Come try this fun card game that is similar to Canasta.

Fridays at 12:30 p.m. (except on party days or when center closes early)

FOR YOUR INFORMATION

NEIGHBORHOOD ADVISOR

Our Neighborhood Advisor, Kristin Kadaji, from the Salvation Army can help you remain independent and living in your own home. She can help with SNAP & HEAP apps, phone discount, EISEP, Medicare savings programs & other services. There is no charge for this service.

Thursdays: November 13 & December 11
11 a.m. – 12:30 p.m.

To reach Kris
call (315) 960-4813



MEDICARE COUNSELING

Angela Pulis, an independent Medicare broker, is here to answer your Medicare related questions, research which plan is best for you and assist with enrollment.

Fridays, November 7th & December 5th
10:00 a.m. – 12 noon

There is no charge for her service and no appointment is necessary.



MEDICARE 101 WORKSHOP

Please attend this presentation on **November 17th at 1pm!**

We will be educating and guiding individuals on the basics of Medicare. This will help you make informed decisions about your health coverage. There will be info about Medicare Advantage, Medicare Supplements, and Prescription Drug Plans. Angela Pulis is a licensed agent who will be available to answer any questions you may have. There is no fee for this workshop, but please register through the office.

CENTER CLOSINGS:

The center will be closed:

Tues. Nov. 4 – Election Day
Tues. Nov. 11 – Veterans Day
Wed. Nov. 26 – closing at 12 noon
Thurs. Nov. 27 – Thanksgiving
Fri. Nov. 28 – Thanksgiving holiday
Wed. Dec. 24 – Christmas Eve
Thurs. Dec. 25 – Christmas holiday
Wed. Dec. 31 – closing at 1:00 p.m.
Thurs. Jan. 1 – New Year's Day



MAXWELL LIBRARY SERVICES

A clerk from Maxwell Memorial Library will be onsite to answer questions & show you the ropes from **10:30am-1pm, Wed., December 10th**. Sign up for a library card valid at any public library in Onondaga County. Find out how to access FREE audio books, e-books, movies, TV shows & music right on your smartphone, tablet or laptop by using the library apps Hoopla and/or Libby. Then test your familiarity with popular books and authors in a brief round of trivia!

Fall Prevention Program

Program runs every Wednesday 10:45-11:45
Starting January 14th - February 25th 2026

Sign Up
To Save Your Spot
It's Free to join!

care CENTER FOR
AGING RESOURCES
AND ENRICHMENT



LE MOYNE
Greatness meets Goodness

In Partnership with Onondaga County
Department of Adult and Long Term Care Services



careatle Moyne.com

PROGRAM OFFERINGS:

- ✓ STRENGTHENING EXERCISES
- ✓ INFORMATIONAL HANDOUTS
- ✓ EVIDENCE BASED PRESENTATIONS
- ✓ INDIVIDUALIZED RECOMMENDATIONS

Did you know?

More than 1/4 Americans 65+ fall each year! Falls are the leading cause of fatal & nonfatal injuries among the older population!

A 7-week in-person program run by occupational therapists to educate older adults on fall risk factors and modifications to decrease future falls!

CLASSES & PROGRAMS

COMPUTER HELP/DIGITAL LITERACY

Got questions regarding your electronic devices – laptops, tablets, smartphones, cellphones? A volunteer from CNY Digital Literacy can teach you how to operate your device, navigate the internet, use an email account, set up a patient portal, use software and so much more!

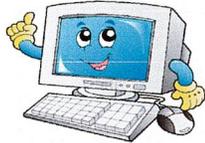
FREE OF CHARGE

Nov. 6 & 25 and Dec. 9

11:00 a.m. – 2:00 p.m.

Half hour time slots are available.

Sign up in the office for your appointment.



GUITAR PERFORMER & SING-ALONG

Don't miss joining Gus, our Wandering Minstrel. Jay Guss is one of our seniors; he will be performing guitar and popular sing-alongs on:

**Monday, December 15th
at 12:30pm**

Come for lunch and enjoy being entertained. Reserve in advance if having lunch.



LEGAL ASSISTANCE

John Hubert, an attorney from Legal Aid Society, will be here to offer assistance, advice or referral in the following areas: Medicaid and Medicare denials and coverage disputes; Advanced directives such as wills, health care proxies, living wills, and powers of attorney; Legal problems concerning public benefits including social security, SSI, and veterans benefits; Consumer matters such as collections or debt issues; and housing related concerns such as landlord/tenant disputes.

**Thursdays, November 20th
& December 18th**

10:30 a.m. – 2:30 p.m.

Appointments are required and can be made by calling (315) 672-5820. (No Charge)



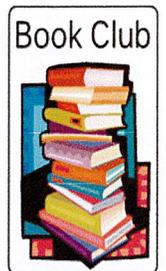
BOOK CLUB

**Third Tuesday of each month
at 10:45 a.m.**

November 18 – The House in The Cerulean Sea by T J Klune

December 16 – One Christmas By Truman Capote

ALL ARE WELCOME



ONLINE SCAMS WORKSHOP

Protect yourself from online scams. A representative from Literacy CNY will be on-site to review the most common forms of online scams and tips to recognize them. You'll receive a handout with key takeaways. Please register with Sr. Center Office.

**Wednesday, November 12th at 10:45am
FREE**

AARP TAX PREPARATION

To be offered at the Sr. Center beginning in February. Tax preparers are available BY APPOINTMENT ONLY. Contact the Senior Center at (315) 672-5820 beginning January 2nd to schedule an appointment. No walk-ins permitted.



MOVIE MATINEE

Join us on the first Wednesday of each month for movie viewing, popcorn and fun!

Wednesday, November 5th

Wednesday, December 3rd

1:00 p.m.

FREE but donations appreciated. Check back the Friday or Monday before Movie Day to see what's playing!



FOOD & NUTRITION

NUTRITION EDUCATION

A Food Bank dietician will share important nutrition information. A recipe featuring a seasonal fruit or vegetable will be prepared and sampled with the group.

Wed. December 17 – Fruits & Veggies, Full of Flavor

Look beyond the taste of fruits and vegetables and focus on the experience.

10:45 a.m.

FREE – To register, call the office at (315) 672-5820



FOOD SENSE

This food buying co-op is available to anyone who wants to save money on their groceries. Monthly units of 12 staple grocery items cost only \$20.50. Rotating monthly specials can be purchased in addition to the basic unit. Orders may be placed at the senior center Mondays - Fridays 9:00 am - 3 pm. or on distribution days. (These orders must be paid with exact cash or using an EBT card) Online orders may be placed at <https://foodsense.foodbankcny.org/>. You will be asked to enter your credit or debit card information. Anyone can participate in this program. **THERE ARE NO AGE OR INCOME REQUIREMENTS.**

Food Sense Order Deadlines:

Nov. 10 & Dec. 8.

Food Sense Order Pickup Dates:

Nov. 19 & Dec. 17 from 2:30 – 4:00 p.m.

Stop by the center to pick up the monthly Food Sense flyer which lists the items to be included in the package as well as specials or visit our website www.camillusrecreation.com.

DAILY LUNCHES

Lunches are served at **12:00 noon**

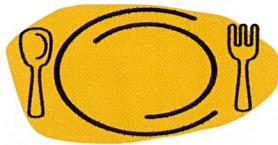
Monday – Friday

Seniors age 60+ and their spouses of any age are eligible. Suggested contribution is only **\$3.50**. Guests under 60 are \$7.00. Reservations are required by noon of the business day before you plan to attend. Call the office at (315) 672-5820.

Meal Cancellations

If you are unable to keep your lunch reservation, please call and cancel as soon as possible. We may be able to find someone else to take your place so that PEACE does not lose money.

Inclement Weather: when City of Syracuse Schools close – PEACE closes and lunches are cancelled. Check with Sr. Center or on your local TV stations.



PUNCH CARDS ARE AVAILABLE

Lunch Punch Cards may be purchased for \$35 for a total of 10 lunches. Stop into the office to purchase.

Checks made payable to “PEACE Inc.”



RESCUE MISSION HOLIDAY MEALS

Do you or someone you know need a warm holiday meal? The Rescue Mission is offering a FREE Thanksgiving and/or Christmas meal for people in our community in need, including older adults and people who can't leave their home. Recipients **MUST** be home to receive meals. Deadlines to ask for meals:

Oct. 29th for Thanksgiving

Nov. 26th for Christmas



You may sign up in the senior center office or contact: uniquegamble@ongov.net by email or call 315-435-2362 x4967

ART and CRAFTS PROGRAMS

OPEN STUDIO ART SESSION

Bring your own art projects and materials and receive guidance from artist and instructor Christine Patsos. Participants are welcome at any skill level. When you get together to make art with others you naturally learn of new techniques and materials as you share your inspirations and ideas while working side by side. Ms. Patsos will be available to give suggestions and assistance to help people create the art they wish to make, catch up on projects already started or begin new ones. Session will run:

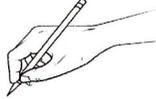
Thursdays, Nov. 13th – Dec. 18th

5 weeks (not 11/27)

1:00 p.m. – 3:00 p.m. \$35

Pre-registration required through Sr. Ctr. Office

Class will be limited to 12 students. Class will be held in upstairs classroom & a chair lift is available if needed.



HOLIDAY CARD MAKING

Enjoy making your own cards for the holiday season. Class will be held by instructor Lynn Renshaw:

Wednesday, Nov. 19th

10am – Noon

Make 2 for \$10

Register through the office.

Sample cards are on display at the Sr. Center.



CRAFTS with Debbie

MAKE AND TAKE

Snow Couple Wall Decor

Wednesday, November 5th 10-12

\$12



Call the Camillus Senior Center for reservations
315 672-5820. Deadline is October 24th.

MAKE AND TAKE

Candy Gift Pots

Wednesday

Dec. 3rd

10-12

\$15

Set of 3



Call the Camillus Senior Center for reservations.
Deadline is November 21st. 315 672-5820

Minimum of 4 registrants required to hold these Craft Workshops and max of 12

EXTENDED TRIPS WITH COLLETTE

PAINTED CANYONS OF THE WEST

APRIL 26 - MAY 4, 2026

Trek across the Southwest as you take in the sienna-colored canyons, towering spires, and desert landscapes found in Utah's five national parks. The backdrop of Denver's Rocky Mts is the starting point of your journey. In Colorado's wine country, dine with new friends and enjoy a tasting at a family-run winery. Among vistas that evoke the spirit of the Old West, marvel at the unspoiled beauty of Utah's five national parks. Make your way from Arches and Canyonlands to Capitol Reef, Zion, and Bryce National Park. Discover the bright lights and glitz of Vegas. Explore the kaleidoscope of colors found in America's rocky western landscapes.

Double \$4249, Single \$5249 (if booked after 10/26; save \$250 if booked by 10/26)

Check out the website at <https://gateway.gocollette.com/link/1282964>

ALASKA DISCOVERY LAND AND CRUISE JULY 28 - AUGUST 9, 2026

Traverse the Pacific coast by land and sea aboard a Holland America Cruise Line ship on a breathtaking journey that takes you from Alaska to Vancouver. Experience Alaska's diverse culture and rich history. Ride a luxury domed railcar from Denali to Talkeetna, soak in views of the incredible landscapes. Travel deep into Denali National Park for the best opportunities to view the region's wildlife. Cruise through Glacier Bay and the Inside Passage, taking in rugged natural wonders. Explore Alaska's gorgeous capital, Juneau. Visit Ketchikan, the "Salmon Capital of the World." This is Alaska as you always imagined.



Inside Double \$7,069, Ocean-view Double \$7669,
Veranda Double \$8569

Check out the website at

<https://gateway.gocollette.com/link/1282721>

DISCOVER THE ALPINE COUNTRIES

SEPTEMBER 19 - 30, 2026

The highlights of this exciting trip include visiting Vienna, Austria, Schonbrunn Palace, Salzburg, Munich, Oberammergau, Linderhof Palace, the Black Forest, Freiburg, Lucerne and attending a Classical Concert and a Danube Cruise. Double \$5499, Single \$6699 (if booked by 3/20/26)

Check out the website at

<https://gateway.gocollette.com/link/1282744>

LOOKING AHEAD

Discover London & Paris

April 17 - 25, 2027

**Canadian Rockies &
Glacier National Park**

August, 2027

Watch for further details!

LAST BUS TRIP OF THE YEAR - (there are still limited seats available; register by 11/14)

A VERY BARRY CHRISTMAS SHOW @ TURNING STONE CASINO

Celebrate the holiday season with this Barry Manilow Hits and Holiday Tribute Show at Turning Stone Casino. Everyone will receive \$25 slot free play, \$5 food voucher & 2:00 matinee show. Depart Lowe's at 10:30 a.m. and return approximately 6:30 p.m.

Thursday, December 11th

Cost per person \$82 Non-residents pay \$87. Register through the Senior Center Office.

PROGRAM REGISTRATION

When registering for a program that requires payment, please complete a Registration Form and submit payment. We accept checks and credit cards.

PLEASE SUBMIT A CHECK FOR EACH PROGRAM FOR WHICH YOU ARE REGISTERING.

CREDIT CARD PAYMENTS are accepted, however, each transaction is assessed a charge.

REFUND POLICY

- All requests must come directly to the Center Office
- No refunds after a program has started
- Any expenses incurred on behalf of the participant will not be refunded.
- Refunds are non-transferable.
- Cancellations received on the day of the trip/program or a "no show" will not be refunded.
- Refunds may take up to 4 weeks to process.

YELLOW PARTICIPATION CARDS

Please be sure we have a yellow participant registration form on file for you. This form helps us to identify who is using our facility and also list emergency contact information should something happen while you are at the center.



FOR YOUR SAFETY

During winter months, please wear your boots and carry in your sneakers or shoes.



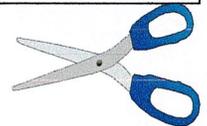
Thank you.

Winter Weather Closing Policy

If the West Genesee School District cancels school due to bad weather, the senior center will also be closed for the day. The center will be open normal hours if school is delayed.

*****CUT HERE*****

**CAMILLUS SENIOR CENTER
PROGRAM REGISTRATION FORM**



Name _____ Home Phone _____ Mobile _____

Address _____ Zip _____

EMAIL ADDRESS _____

Emergency Contact _____ Phone _____

PROGRAM NAME _____ SESSION DATE/TIME _____

RELEASE: I hereby release the Town of Camillus and any of its staff or instructors from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to me when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program.

For Office Use:
Payment ID#

Participants should consult with physician before starting an exercise program

Signature

Date

Mail with check payable to Camillus Senior Center (unless driving class make payable AAA)
to: Camillus Senior Center, 27 First Street, Camillus, NY 13031

CAMILLUS SENIOR CENTER **NOVEMBER** CALENDAR OF EVENTS (315) 672-5820

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 New Chair Yoga 9:30 Super Bingo 1pm</p> 	<p>4 CENTER CLOSED</p>  <p>Election Day</p>	<p>5 Power Hour 9:30 Craft Workshop 10-Noon PEACE Lunch 12noon Movie Matinee 1 pm</p> 	<p>6 SS&B 9:30 Digital Literacy 11-2 PEACE Lunch 12 noon Bridge 12:30</p>	<p>7 Mah Jongg 9:30 Power Hour 9:30 Medicare Counseling 10-12 Wii Bowling 11:00 Veterans Recognition Lunch 11:30 - 1 Hand & Foot Cards 12:30 Cornhole 1:00</p>
<p>10 Costa Rica Trip Departs 9am Chair Yoga 9:30 PEACE Lunch 12noon BUNKO 1-3pm Food Sense Deadline 11am</p>	<p>11 CENTER CLOSED</p> 	<p>12 Power Hour 9:30 On-Line Scams Presentation 10:45 PEACE Lunch 12noon</p>	<p>13 SS&B 9:30 Neighborhood Advisor 11 - 12:30 PEACE Lunch 12 noon Bridge 12:30 Open Art Studio 1-3</p>	<p>14 Mah Jongg 9:30 Power Hour 9:30 Wii Bowling 11:00 PEACE Lunch 12 noon Hand & Foot Cards 12:30 Cornhole 1:00</p>
<p>17 Chair Yoga 9:30 PEACE Lunch 12noon Medicare 101 Workshop 1:00pm</p>	<p>18 Dancercise 8:45 SS&B 9:30 Line Dancing 9:45 Book Club 10:45 Cardio Drumming 11 PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>19 Card Making 10am Power Hour 9:30 PEACE Lunch 12noon Trivia 12:30 Food Sense 2:30 - 4pm</p>	<p>20 SS&B 9:30 Legal Aid 10:30-2:30 PEACE Lunch 12 noon Bridge 12:30 Open Art Studio 1-3</p>	<p>21 Mah Jongg 9:30 No Power Hour Thanksgiving Lunch & Live Entertainment 11:30 - 2</p>
<p>24 Chair Yoga 9:30 PEACE Lunch 12noon BUNKO 1-3pm</p>	<p>25 LAST Dancercise 8:45 SS&B 9:30 LAST Line Dancing 9:45 Digital Literacy 11-2 Cardio Drumming 11:00 PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>26 Power Hour 9:30 PEACE Brunch 10:30 Center Closes at Noon</p>	<p>27 Center Closed</p>  <p>Happy Thanksgiving</p>	<p>28 Center Closed</p>  <p>GIVE THANKS</p>

CAMILLUS SENIOR CENTER **DECEMBER** CALENDAR OF EVENTS 672-5820/672-3163

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Chair Yoga 9:30 Super Bingo 1pm </p>	<p>2 SS&B 9:30 Cardio Drumming 11 PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>3 Power Hour 9:30 Craft Workshop 10am - Noon PEACE Lunch 12noon Movie Matinee 1pm</p>	<p>4 SS&B 9:30 PEACE Lunch 12noon Bridge 12:30 Open Art Studio 1-3</p>	<p>5 Power Hour 9:30 Mah Jongg 9:30 Medicare Counseling 10-12 Wii Bowling 11:00 PEACE Lunch 12noon Hand & Foot Cards 12:30 Cornhole 1:00</p>
<p>8 Last Chair Yoga 9:30 PEACE Lunch 12noon BUNKO 1-3pm Food Sense Deadline</p>	<p>9 SS&B 9:30 Cardio Drumming 11:00 Digital Literacy 11-2 PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>10 Power Hour 9:30 Maxwell Library Rep On site 10:30-1:00 PEACE Lunch 12noon</p>	<p>11 Last SS&B 9:30 Turning Stone Bus Trip 10am – 6:30pm Neighborhood Advisor 11-12:30 PEACE Lunch 12noon Bridge 12:30 Open Art Studio 1-3</p>	<p>12 No Power Hour Mah Jongg 9:30 Holiday Lunch & Live Entertainment 11:30 - 2</p>
<p>15 New Chair Yoga 9:30 PEACE Lunch 12noon Sing-a-long with Gus 12:30pm</p>	<p>16 No SS&B Book Club 10:45 Last Cardio Drumming 11 PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>17 Last Power Hour 9:30 Nutrition Ed 10:45 PEACE Lunch 12noon Trivia 12:30 Food Sense Pickup 2:30-4</p>	<p>18 No SS&B Legal Aid 10:30-2:30 PEACE Lunch 12noon Bridge 12:30 Open Art Studio 1-3</p>	<p>19 No Power Hour Mah Jongg 9:30 Medicare Counseling 10-12 Wii Bowling 11:00 PEACE Lunch 12noon Hand & Foot Cards 12:30 Cornhole 1:00</p>
<p>22 Chair Yoga 9:30 PEACE Lunch 12noon BUNKO 1-3pm</p>	<p>23 No SS&B PEACE Lunch 12noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>24 Center Closed </p>	<p>25 Center Closed </p>	<p>26 No Power Hour Mah Jongg 9:30 Wii Bowling 11:00 PEACE Lunch 12noon Hand & Foot Cards 12:30 Cornhole 1:00</p>
<p>29 Last Chair Yoga 9:30 PEACE Lunch 12noon</p>	<p>30 New SS&B 9:30 Lunch noon Mexican Train 12:45 Pitch & Spades 12:45</p>	<p>31 <i>New Year's Eve</i> New Power Hour PEACE Lunch 12noon Center Closes @ 1pm</p>	<p><i>Jan. 1</i> </p>	