

November

2024

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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				Tuna Salad w/ Chopped Egg Salad on Kaiser Cream of Cheddar Potato Mango
4	5	6	7	VETERANS 8 RECOGNITION
Chicken Alfredo over Bowtie Pasta Steamed Broccoli Apple & Italian Bread	ELECTION DAY CENTER CLOSED	New England Clam Chowder Roasted Asparagus Fresh Baked Dinner Roll Orange	BRUNCH @ 10:30AM Spinach & Swiss Strata HomeFries w/ Peppers & Onions, Sausage, Melon Salad	Cube Steak w/ Mushroom Gravy, Macaroni & Cheese Italian Blend Vegetables Apple
11	12	13	14	15
VETERAN'S DAY CENTER CLOSED	Corned Beef & Swiss on Rye French Onion Soup Orange	Sweedish Style Meatballs over Egg Noodles Broccoli, Pear Whole Wheat Bread	Beef Pot Roast w/ Gravy Roasted Root Veg Mashed Potatoes, Mango Dinner Roll	Chicken Cordon Bleu Casserole Blended Vegetables Apple
18	19	20	21	THANKSGIVING 22 PARTY
Bacon Cheddar Burger w/ lettuce, tomato on wheat bun Seasoned Potato Cubes Marinated Beets, Grapes	Meatball Sub on a Whole Wheat Sub Roll Green Beans Peaches	Crab Salad served on Croissant Cream of Asparagus Soup Pear	Glazed Ham Yukon Gold Potatoes Roasted Broccoli Peanut Butter Cookie	Roast Turkey w/ Gravy Stuffing, Smashed Potatoes Butternut Squash, Pumpkin Pie Cranberry Sauce & Dinner Roll
25	26	27	28	29
Sweet & Sour chicken over Sesame Rice Oriental Blend Vegetables Banana, Italian Bread	Sloppy Joe on Kaiser Roll Butter&Herb Baby Potatoes Snow Peas & Carrots Honey Dew	BRUNCH @10:30AM French Toast Bake HomeFries w/ Peppers & Onions, Sausage, Fruit Salad	HAPPY THANKSGIVING CENTER CLOSED	CLOSED DAY AFTER THANKSGIVING

All Meals include: Coffee, Tea, Milk
Bread, and Margarine

RESERVATIONS MUST BE

MADE 1 BUSINESS DAY

Menus meet 1/3 of RDA
Menu is Subject to Change
IN ADVANCE BY

12 NOON

Guest Meal
\$7.00

Suggested Contribution:
\$3.50 (age 60+ or spouse)

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