

# January

# 2025

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1	2	3	
		<b>CENTER IS CLOSED NEW YEAR'S DAY</b>	Spaghetti w/ Red Sauce Meatballs Italian Blend Vegetables Fresh Baked Bread, Orange	Kielbasa Braised Red Cabbage Boiled Baby Potatoes Cantaloupe, Marble Rye	
6	7	8	9	10	
Sweet & Sour chicken over Sesame Rice Oriental Blend Vegetables Fortune Cookie	Sweedish Style Meatballs over Egg Noodles Blended Vegetables Diced Pears, WW Bread	Cream of Cheddar Potato Soup Chopped Chicken Caesar Salad, Orange	Sloppy Joe on Kaiser Roll Cream of Asparagus Soup Honey Dew	Honey Balsamic Pulled Pork on Kaiser Roll Coleslaw Apple	
13	14	15	16	17	
Smothered Seared Pork Mushroom Gravy Red Skin Mashed Potatoes Brussel Sprouts, Apricots	Chicken Cacciatore Penne Pasta, Green Beans Choc Chip Cookie WW Bread	Beef tips w Sherry gravy Buttery Carrots Mashed Potatoes Banana, Dinner Roll	Chicken Riggies Sauteed Greens Diced Peaches Fresh Baked Dinner Roll	Sheperd's Pie (Beef w/ 4-way vegetable & whipped Potato Topping) Pineapple	
20	21	22	23	24	
<b>CENTER IS CLOSED MARTIN LUTHER KING, JR DAY</b>	Chicken Parm Sandwich on WW Bun Blended Vegetables Potates O'Brien, Banana	Corned Beef & Swiss on Rye w/ Russian Dressing Minestorne Soup Orange	Loaded Baked Potato Soup Romain and Mandarin Salad Dinner Roll Applesauce	Chicken Alfredo Served over Bowtie Pasta Steamed Asparagus Apple, Italian Bread	
27	28	29	30	31	
Herbed Chicken Breast Macaroni and Cheese Broccoli Orange	Homemade Stuffed Peppers w/ Red Sauce Tossed Salad Italian Bread, Fig Newton	Glazed Ham Mashed Sweet Potatoes Cauliflower Pound Cake	Butternut Bisque Turkey & Stuffing Roll-up w/ Gravy (2), Dinner Roll Applesauce	Cranberry & Walnut Chicken Salad on Croissant Chunky Tomato Florentine Soup, and Apple	

All Meals include: Coffee, Tea, Milk  
Bread, and Margarine

RESERVATIONS MUST BE

MADE 1 BUSINESS DAY

Menus meet 1/3 of RDA  
Menu is Subject to Change  
IN ADVANCE BY

12 NOON

Guest Meal  
\$7.00

Suggested Contribution:  
\$3.50 (age 60+ or spouse)

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