

November

2026

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	Veterans 6 Luncheon
Chicken salad w/ Walnuts & Cranberry on Pretzel Roll Broccoli & Cheddar Soup Mandarin Oranges	ELECTION DAY SENIOR CENTER IS CLOSED	Salisbury Steak w/ gravy Mac & Cheese w/ Stewed Tomatoes, Steamed Asparagus w/ Lemon, Pears	Scalloped Potatoes & Ham Roasted Squash Mango Oatmeal Raisin Cookie	Chicken Cordon Bleu Casserole Peas & Pearl Onions Cherry Pie
9	10	11	12	13
Lasagna Rolls & Red Sauce with Beef Mediterranean Vegetables Fruit Cocktail	Glazed Ham Wild Rice Roasted Cauliflower Apricots, Pudding Cup	VETERANS DAY SENIOR CENTER IS CLOSED	Bear Battered Haddock Loin Steak Cut Fries Confetti Coleslaw Diced Peaches	Philly Cheese Steak sandwich, peppers&onions Peas & Pearl Onions Snickerdoodle
Nat'l Fast 16 Food Day	17	18	19	Thanksgiving 20 Lunch
Cheddar Burger w/ lettuce, tomato on Wheat Bun Ranch Season Tater Tots Banana	Shepherds Pie (beef w/ 4way vegg, whipped potato topping), Diced Pears Animal Crackers	Chicken Taco Caserole Mexican Salad (lettuce,cukes tomatoes, corn w/ Honey-Lime Vinaigrette, Fig Newton	Meatball Sub w/ Provolone on WW Sub Roll Roasted Broccoli Florets Tropical Fruit Cocktail	Roast Turkey w/ gravy stuffing, mashed potatoes green beans, pumpkin pie cranberry sauce, dinner roll
23	24	Brunch 25 10:30am	26	27
Swedish Meatballs over Butter Egg Noodles Corn, Slice Peaches WW Bread	Chicken & Gnocchi Soup Caesar Salad (shaved Parm Croutons, Shaved Red Onion) Grapes, Garlic Texas Toast	Strata w/ Spinach, Cheddar & Sun-dried Tomatoes, Chicken Sausage Patty, Potatoes, Strawberry Parfait	CLOSED HAPPY THANKSGIVING	CLOSED HAPPY THANKSGIVING
30				
Sweet & Sour Chicken over Sesame Rice, Oriental Vegetables, Apple Sauce Italian Bread				

All Meals include: Coffee, Tea, Milk
Bread, and Margarine

RESERVATIONS MUST BE

MADE 1 BUSINESS DAY

Menus meet 1/3 of RDA
Menu is Subject to Change

IN ADVANCE BY

12 NOON

Guest Meal
\$7.00

Suggested Contribution:
\$3.50 (age 60+ or spouse)

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