

April

2025

PEACE, INC. - FSD		SENIOR NUTRITION		OFFICE FOR AGING & YOUTH	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1	2	3	4	
	Swedish Meatballs over Egg Noodles, Blended Vegetables, Pear, Bread	Beef Chili Roasted Tex-Mex Corn Naan, Greek Yogurt	Chicken Alfredo over Bowtie Pasta, Broccoli Florets, Banana, Italian Bread	Breaded Haddock on WW Bun Coleslaw, French Fries Brownie	
7	8	9	10	11	
Mushroom Swiss Burger w/ Lettuce, Tomato on Wheat Bun, Potato Salad, Roasted Brussel Sprouts, Jell-O w/whip	Herb Roasted Chicken Mashed Sweet Potatoes Creamed Spinach Grapes	Scalloped Potatoes & Ham Roasted Squash Mango	Julienne Salad w/ Ham, Turkey, Swiss Cheese, Tomatoes, HB Egg, Olives Roll, Fresh Melon	Chicken Taco Casserole Mexican Salad(Romaine, Cukes, Tomatoes, Corn) Lemon-Blueberry Cookie	
14	15	16	17	18	
Sloppy Joe on Kaiser Peas & Carrots Honey Dew	Eggplant Parmesan Spaghetti w/ Red Sauce Diced Mango	Dill-Greek Yogurt Chicken Salad on Croissant Minestrone Soup Applesauce	Kielbasa Braised Red Cabbage Pierogis Cantaloupe	NO LUNCH GOOD FRIDAY PEACE CLOSED	
21	22	23	24	25	
Tuna Salad w/ Chopped Egg Salad on Kaiser w/ Shredded Lettuce, Broccoli & Cheddar Soup, Fruit Cocktail	Miso Chicken Vegetable Lo-Mein Mandarin Oranges	VOLUNTEER LUNCHEON INVITE ONLY	Oven Baked Ziti w/ Gianelli Italian Sausage Green Beans Italian Bread, Banana	Salisbury Steak w/ Beef Demi-Gravy, Mac & Cheese w/ Stewed Tomatoes Asparagus, Pear	
28	29	30	TAKE OUT MEALS ARE NO LONGER AVAILABLE		
Chicken Riggies Sauteed Greens Peaches Dinner Roll	Beef Hot Dog w/ Sauerkraut Baked Beans Banana Pudding (Banana & Nilla Wafers)	Shepherd's Pie (beef w vegetables & whipped potato topping) Diced Pears			

All Meals include: Coffee, Tea,

Bread, and Margarine

RESERVATIONS MUST BE

Menus meet 1/3 of RDA

Menu is Subject to Change

MADE 1 BUSINESS DAY

Guest Meal

\$7.00

IN ADVANCE BY

Suggested Contribution:

\$3.50 (age 60+ or spouse)

12 NOON

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